

# RULES OF LEADERSHIP

## LEARNING OBJECTIVES

To learn the eight Rules of Leadership and how personal development of individual leaders contributes to team success

## SUPPLIES

None

## OVERVIEW

Healthy teams follow shared rules. This lesson will help students understand that the fundamentals of building a healthy team are found in following the same standards and values. To make things easy for the group, you will be providing a list of 8 Rules of Leadership. Encourage the participants to take notes while you review the rules.

## SKILLSET: THE RULES OF LEADERSHIP

*Healthy teams follow shared rules and values! We have 8 Rules of Leadership that we will use to positively engage with one another during our time together:*

**Share the Air:** *How many of you are extroverts? How many of you are introverts? Everyone communicates and brainstorm differently. If your tendency is to speak out right away, make sure you're giving others a chance to speak. On the other hand, if you tend to wait to speak, try to speak your mind, even if it's not perfect.*

**Home Sweet Home:** *If you were to invite me to your home, what would you do to prepare before I arrived? When I arrived? After I left? That is what Home Sweet Home means...it's what you do to make people feel at home. That means keeping your area neat and cleaner than you found it, welcoming people as they enter the room, being inclusive, and more.*

**Be on Leader Time:** *If you're early, you're on time, if you're on time, you're late, and if you're late, you're left behind. Always arrive early to ensure you are present and prepared!*

**Be Your Best:** *We expect your best effort. You may not always be perfect, but as long as you try your best, that is all anybody can ask. Effort is more important than performance.*

**Obey the Law of Stupidity:** *Remember this: If you wouldn't do it in front of your grandmother, you probably shouldn't do it. Another way to think about this is to imagine that you live in a glass house. Everyone is always watching, so always obey the law of stupidity.*

**Seek Clarity:** *Ask questions! It is always better to ask than to not know. Chances are someone else is wondering the same thing you are. By asking the question, you are being a leader!*

**Whoop! Shut it Down!:** *We will not tolerate any negativity. If you find your team getting frustrated because someone is being negative..."Whoop, shut it down!" Ask them to pause and to get back on a positive track.*

**Have Fun!:** *Enjoy every moment! Learn from every moment! Whether it's an exciting time or a low time in your life, remember that you can decide to show up and have fun in the moment.*

## **ACTIVITY: TIK TOK TIME**

Break the group into 8 smaller pairs or groups. Assign each of the pairs/groups one of the Rules of Leadership.

Give them 5-7 minutes to create a TikTok-esque skit creatively demonstrating their rule in action (or what it looks like when we DON'T follow that rule).

When they're done, have one person from each group share their skit with the larger group.

## **DEBRIEF**

*Are there any additional rules that you feel are important for healthy teams to follow?*

Allow the group a few minutes to add additional rules. Encourage them to write any additional rules down in their notes.

